



## Programme de FORMATION

### Anglais Level 1

#### Objectifs pédagogiques

Reflex'English Level 1 est une ressource digitale qui s'adresse aux débutants, mais aussi à ceux qui souhaitent revoir les bases grammaticales et lexicales en anglais.

Reflex'English Level 1 permet d'atteindre le niveau A2 du CECRL, il est composé de 24 leçons d'apprentissage et de 6 leçons de test, avec de nombreuses animations de situations, de grammaire et de vocabulaire.

Parmi les objectifs de ce niveau : apprendre ou revoir les bases grammaticales et lexicales, comprendre des phrases et expressions usuelles, décrire simplement son environnement, sa situation personnelle et professionnelle, communiquer de façon simple sur des sujets familiers et habituels qui correspondent à des besoins immédiats, se faire comprendre dans des situations simples.

#### Prix

1200 €

#### Durée de la formation

20 heures

#### Délais d'accès

La plateforme est accessible immédiatement dès l'entrée en formation

Disponible 24/7

#### Type de formation

Distanciel et Asynchrone

#### Modalité d'évaluation

Oui : Leçons de tests

## Certification visée

TOEIC

## Méthodes mobilisées

- Les cours sont dispensés en distanciel
- Suivi personnalisé par l'interaction coach / stagiaires à hauteur de 2 fois 30 min
- Formation assurée par des formateurs expérimentés

## Accessibilité aux personnes en situation de handicap

La formation est accessible aux personnes en situation de handicap, nous contacter afin d'étudier la faisabilité du projet.

## Niveau de granularisation

- 30 modules comprenant de multiples jeux-exercices interactifs et stimulants :
- 24 leçons d'apprentissage
- 6 leçons de tests

## Prérequis

Cette formation ne nécessite pas de prérequis, elle est accessible à tous les publics

## Prérequis technique

- Navigateur web: Edge, Chrome, Firefox, Safari
- Ordinateur
- Système d'exploitation : Mac ou PC

## Technologie

- HTML5
- Norme SCORM

## Contact

[contact@studentskills.fr](mailto:contact@studentskills.fr)

## Lesson 1 Starting out

### Grammar

- Singular personal subject pronouns
- Plural personal subject pronouns
- To be in simple present : affirmative and contracted form.

## Lesson 2 Are you english ?

### Grammar

- To be + nationality
- To be from + country
- To come from + country

### Vocabulary

- Countries
- Nationalities

## Lesson 3 To be ...

### Grammar

- To be in the simple present: affirmative contracted form
- To be in the simple present: negative form
- To be + adjectives

### Vocabulary

- The alphabet
- Countries
- Everyday adjectives

## Lesson 4 .... or not to be

### Grammar

- To be in the simple present – negative form: contraction of the verb
- To be in the simple present – negative form: contraction of not
- To be in the simple present: interrogative form
- To be from: country/city of origin

### Vocabulary

- The United Kingdom (UK) – Le Royaume-Uni

## Lesson 5 Starting out

### Review and Test of Lessons 1 to 4

## Lesson 6 What's your name?

### Grammar

- Possessive adjectives
- Questions with what
- Asking for someone's name
- Giving one's name
- Asking questions
- Negative sentences in the simple present
- To have got in the simple present
- Simple present: negative and interrogative forms

### Vocabulary

- Family
- Nationalities
- Names

## Lesson 7 Numbers

### Grammar

- Numbers from 0 to 20, from 20 to 100, after 100
- Hundred, thousand, million
- 1st, 2nd, 3rd, 4th, 5th... 100th
- Particular forms

### Vocabulary

- Calculations, the four basic operations
- Around numbers
- Around first, second and third
- Indeterminate quantities

## Lesson 8 Other numbers

### Grammar

- After 100th, after 1000th
- Fractions
- Decimal point, comma
- Zero, nought, oh
- Percentages
- Phone numbers
- Years

### Vocabulary

- Phrases with percentages and fractions

## Lesson 9 Days, months and seasons

### Grammar

- Simple present
- To be in the simple past
- Time expressions with this, next, last

### Vocabulary

- Days of the week, months of the year, seasons
- Phrases with work and day
- Around time
- Around “to begin” and “to end”
- Temperatures (weather)
- Some important dates in the year (Christmas, Easter)

## Lesson 10

### Review and Test of Lessons 6 to 9

## Lesson 11 Hello and Goodbye

### Grammar

- Good and bad (irregular adjectives)

### Vocabulary

- Greetings at different times
- Saying « hello »: first greetings, friendly greetings, formal greetings, polite greetings
- Saying « goodbye »: informal goodbyes, polite goodbyes
- Around soon and late
- Around please and nice
- Around friend and fine

## Lesson 12 My favourite colour

### Grammar

- Regular adjectives: comparative
- and superlative forms
- Open and closed questions

### Vocabulary

- Colours
- Around the weather
- Hair
- 2D and 3D Shapes
- Around “other”

## Lesson 13 Dirth of Birth

### Grammar

- Asking for someone's age
- Personal object pronouns
- Writing a date
- “To be” in the simple past and the simple future
- Date of birth
- Prepositions “on, in, at”

### Vocabulary

- Saying one's age
- Saying your date of birth
- Numbers, days and months

## Lesson 14 The Time

### Grammar

- Asking and telling the time
- In and at to specify a moment
- The time: past, to, exact time
- Adjectives used with time phrases
- Just in time + to/for

### Vocabulary

- Clocks
- Around meals
- Talking about timetables
- Phrases around time

## Lesson 15

### Review and Test of Lessons 11 to 14

## Lesson 16 Where is it ?

### Grammar

- Asking for and giving directions
- Beginning / middle / end
- Left/right
- Up / down
- Bottom / top
- Addressing someone
- To go + prepositions
- Possessive case
- Shops
- Means of transport
- In a building

### Vocabulary

- Shops
- Means of transport
- In a building

## Lesson 17 Turn left

### Grammar

- Asking for and giving directions
- Could
- To tell
- Which on or on which?
- Simple present
- Possessive pronouns
- This/these, that/those
- Imperative

### Vocabulary

- Saying “Thank you” and answering

## Lesson 18 My home

### Grammar

- Locating things around you
- There is/are
- There isn't/aren't
- There is + some / There are + some  
There isn't + any / There aren't + any
- Is there / Are there + any?
- Much / many
- Quantifiers

### Vocabulary

- Rooms
- In the bathroom
- In the kitchen
- Objects and pieces of furniture

## Lesson 19 Around the house

### Grammar

- Locating things around you
- Making suggestions with “let's”
- Prepositions of space
- Quantifiers
- Too, also and as well

### Vocabulary

- Describing the house
- Rooms
- Some common verbs
- Describing size

## Lesson 20

### Review and Test of Lessons 16 to 19

## Lesson 21 Your body

### Grammar

- Body/Senses-related verbs

### Vocabulary

- Parts of the body
- The five senses

## Lesson 22 days, othes and accessories

### Grammar

- Present participles
- Present continuous

### Vocabulary

- Clothes and accessories
- Clothing materials

## Lesson 23 Introducing yourself

### Grammar

- Introducing oneself and others
- Reflexive pronouns –
- Imperative with “let me” and “let’s”
- Expressing permission
- Referring to someone

### Vocabulary

- Family members
- Greetings
- Interviewing
- Meeting people for the first time
- Around “short”

## Lesson 24 Talking about family

### Grammar

- Introducing someone
- “To have got” in the simple present
- Adjectives ending with «-ed» or «-ing»
- Short and long adjectives
- Comparative and superlative
- Prepositions of place

### Vocabulary

- Describing the family
- Interests
- Describing a picture

## Lesson 25

### Review and Test of Lessons 21 to 24

## Lesson 26 Whose dog is it?

### Grammar

- Wh-questions
- Possessive pronouns
- Talking about possession
- Irregular plurals
- Possessive case
- Some, any, no

### Vocabulary

- Animals
- Talking about family and relatives
- To live + prepositions

## Lesson 27 What's your son's favourite hobby?

### Grammar

- Talking about family and relatives
- Both
- Position of an adjective or an adverb
- Simple present
- Relative pronouns

### Vocabulary

- The United Kingdom of
- Great Britain and
- Northern Ireland Hobbies
- Sports
- Around wedding
- "In-law family" vs. "step family"

## Lesson 28 At the grocer's

### Grammar

- Prepositions « at » and « to »
- Very few, few, a few, quite a few
- All
- Would like
- One, ones

### Vocabulary

- Shops
- At the grocer's
- A funny joke
- Around funny

## Lesson 29 How many eggs, Madam?

### Grammar

- How much? or how many?
- Quantifiers

### Vocabulary

- Food and drinks
- At the market
- At the grocer's
- Phrases for special numbers
- Food quantifiers and containers

## Lesson 30

### Review and Test of Lessons 26 to 29